



Brussel sprouts 1/22lb

Choux de Bruxelles

PRODUCT OF BELGIUM

40930



FROZEN VEGETABLES

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Product Description

- Frozen blanched brussel sprouts.

Pack and Case Specifications

Pack Net Weight

22lb

Packs per Case

1

Case Size (LxWxH)

15.16"x 10.04"x 7.09"

Case Cube

0.62ft3

Case Gross Weight

24lb

Cases per Pallet

90 (10/9)

Ingredients

BRUSSEL SPROUTS.

Physical

Caliber: 25/30 mm
Variety: Gemmifera (D.C.) O.E. Schulz of the genus Brassica
Oleracea L.

Nutrition

Nutrition Facts

Serving Size 1 Cup (100g)

Amount Per Serving

Calories 45 Calories from Fat 10

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 10mg 0%

Total Carbohydrate 3g 1%

Dietary Fiber 4g 17%

Sugars 2g

Protein 4g

Vitamin A 15% • Vitamin C 100%

Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories 2,000 2,000

Total Fat Less than 65g 65g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 35g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Organoleptic

Allergens

PREPARED IN A FACILITY HANDLING WHEAT, SOYBEANS, MILK, EGGS.

Cooking Directions

Certificates and Claims

GMO free.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf life: 24 months.

UPC code



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